Date	Race Number	Start Time

Please read the SAFETY notes below before signing. Start signals are 5 min, 4, 1, GO!

Name	Signature	Boat Number	Sail area	Finish Time	Corrected time	Position

Important Safety Notes - Read this before signing in above

Racing sailing canoes is an adventure sport in which the participants accept a degree of risk. Even if the race organisers follow all established best practices, this will not necessarily prevent participants from suffering serious injury or death. Participants in the racing at this meet must:

- Have clearly thought out strategies for dealing with capsize, gear failure or a medical emergency.
- Come to the assistance of any other competitor who they know to be in danger.
- Sign in to the race on the sign in sheet.
- Only enter the race if they are willing to accept the risks inherent within the sport.